

Chronic disease list algorithms

The new Medical Schemes Act requires that chronic diseases be diagnosed and managed according to the prescribed therapeutic algorithms for the condition, published by the Minister of Health.

Algorithms for the 25 conditions on the chronic disease

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- HbA1c Glycosylated hemoglobin BMI Body mass index

Applicable ICD 10 Coding:

- E11 Non-insulin-dependent diabetes mellitus E11.0 Non-insulin-dependent diabetes mellitus with coma
- E11.1 Non-insulin-dependent diabetes mellitus with ketoacidosis
- E11.2 Non-insulin-dependent diabetes mellitus with renal complications
- E11.3 Non-insulin-dependent diabetes mellitus with ophthalmic complications
- E11.4 Non-insulin-dependent diabetes
- mellitus with neurological complications E11.5 Non-insulin-dependent diabetes
- mellitus with peripheral circulatory complications
- E11.6 Non-insulin-dependent diabetes mellitus with other specified complications
- E11.7 Non-insulin-dependent diabetes
- mellitus with multiple complications E11.8 Non-insulin-dependent diabetes
- mellitus with unspecified complications E11.9 Non-insulin-dependent diabetes mellitus without complications
- E12 Malnutrition-related diabetes mellitus
 - E12.0 Malnutrition-related diabetes mellitus
 - E12.1 Malnutrition-related diabetes mellitus
 - with ketoacidosis E12.2 Malnutrition-related diabetes mellitus with renal complications
 - E12.3 Malnutrition-related diabetes with ophthalmic complications
 - E12.4 Malnutrition-related diebetes mellitus with neurological complications
 - E12.5 Malnutrition-related diabetes mellitus
 - with peripheral circulatory complications
 - E12.6 Malnutrition-related diabetes mellitus
 - with other specified complications E12.7 Malnutrition-related diabetes mellitus
 - with multiple complications E12.8 Malnutrition-related diabetes mellitus

 - with unspecified complications E12.9 Malnutrition-related diabetes mellitus without complications
- O24 Diabetes mellitus in pregnancy
 - O24.1 Pre-existing diabetes mellitus, noninsulin-dependent
 - O24.2 Pre-existing malnutrition related
 - diabetes mellitus
 - O24.3 Pre-existing diabetes mellitus, unspecified

- Medical management reasonably necessary for the delivery of treatment described in this algorithm is included within this benefit, subject to the application of managed health care interventions by the relevant medical scheme.

 To the extent that a medical scheme applies
- managed health care interventions in respect of this benefit, for example clinical protocols for diagnostic procedures or medical management, such interventions must - not be inconsistent with this algorithm;
- be developed on the basis of evidence-based medicine, taking into account considerations of cost-effectiveness and affordability; and comply with all other applicable regulations made in terms of the Medical Schemes Act, 131 of
- 1998.
- This algorithm may not necessarily always be clinically appropriate for the treatment of children. If this is the case, alternative paediatric clinical management is included within this benefit if it is supported by evidence-based medicine, taking into account considerations of cost-effectiveness and affordability