IA Evidence from meta-analysis of randomised controlled trials

IB Evidence from at least one randomised controlled trial

IIA Evidence from at least one controlled study without randomisation

IIB Evidence from at least one other type of quasi-experimental study

III Evidence from non-experimental descriptive studies, such as comparative studies, correlation studies, and case-control studies

IV Evidence from expert committee reports or opinions or clinical experience of respected authorities or both

**Box 1: Level of Evidence**