**Questionnaire**

1. Indicate the gender of the patient below:

|  |  |
| --- | --- |
| Male |  |
| Female |  |

Please ask the patient:

2. What is your age?

|  |
| --- |
| \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

3. What is your marital status?

|  |  |
| --- | --- |
| Single |  |
| Married |  |
| Divorced |  |
| Widowed |  |
| Stable partner |  |

4. What is your employment status?

|  |  |
| --- | --- |
| Scholar |  |
| Employed |  |
| Unemployed |  |
| Disability Grant |  |
| Pensioner |  |

5. Which one of the following best describes your mood, during the last 2 weeks?

|  |  |
| --- | --- |
| Happy ☺ |  |
| Content 😐 |  |
| Sad ☹ |  |

6. If you took an overdose, what kind of medication did you take?

|  |  |
| --- | --- |
| Paracetamol |  |
| Amitriptyline |  |
| Benzodiazepines |  |
| Epilepsy medication |  |
| Anti-hypertensives |  |
| Diabetes medication |  |
| Antibiotics |  |
| Iron |  |
| Other |  |

7. Who’s medication was it?

|  |  |
| --- | --- |
| Own |  |
| Mother’s |  |
| Father’s |  |
| Grandmother’s |  |
| Grandfather’s |  |
| Friend |  |
| Other |  |

8. What recreational drugs to you take?

|  |  |
| --- | --- |
| Dagga |  |
| Mandrax |  |
| Tik |  |
| None |  |
| Other |  |

If other, please specify:

9. At the time of the suicide attempt, did you intend to die?

|  |  |
| --- | --- |
| Yes |  |
| No |  |

10. Have you attempted suicide before?

|  |  |
| --- | --- |
| Yes |  |
| No |  |

If YES, how many times?:

11. In your own words, why did you attempt suicide?

|  |
| --- |
|  |
|  |
|  |
|  |

12. Which one of the following best describes your emotions?

|  |  |
| --- | --- |
| Helplessness |  |
| Hopelessness |  |
| Emptiness |  |
| Loneliness |  |
| Anger |  |
| Other |  |

If other, please specify:

13. Do you have something to look forward to in the next year?

|  |  |
| --- | --- |
| Yes |  |
| No |  |

14. Do you have a friend/family member you can talk to when you are experiencing serious problems?

|  |  |
| --- | --- |
| Yes |  |
| No |  |

15. Which of the following situations contributed to your suicide attempt?

|  |  |
| --- | --- |
| Disagreement with loved ones |  |
| Living with a chronic disease (e.g. Diabetes/cancer/HIV/cardiac/lung) |  |
| Violence involving intimate partner  |  |
| Consumption of alcohol during the 24 hours preceding your attempted suicide |  |
| Stress at home  |  |
| Pregnancy |  |
| Stress at school |  |
| A psychiatric illness |  |
| Stress at work |  |
| Previous attempted suicide by a friend/family member |  |
| Financial worries |  |