# Evaluation of a school-based nutrition and physical activity programme for Grade 4 learners in the Western Cape Province, South Africa

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**Acknowledgements**

Funding for the primary author (for postgraduate study) was provided by Woolworths. Additional funding support was also provided by the National Research Foundation (South Africa). Woolworths was involved in the initial conceptualisation of the study. Neither of the funding bodies were involved in the development of the study design; in the collection, analysis, and interpretation of data; in the writing of the manuscript; or in the decision to submit the manuscript for publication.