

# Editorial

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## Breast-Feeding

The National Breast-Feeding week from 30 October to 7 November 1987 was organised jointly by the Dept of National Health and Population Development, the SA National Council for Child and Family Welfare and the Breast-feeding Association of SA.

*SA Family Practice* wishes to congratulate these bodies on the work they have put into this drive to promote breast-feeding. As Martin Bac says in a letter to the editor in this issue, breast-feeding is very much linked to the status it is accorded by the community and the medical corp. Doctors and nurses who should know the most about the many advantages of breast-feeding have not been the most active people in promoting breast-feeding. Luckily community groups have not waited for us professionals to organise themselves and make what is best fashionable again. The least we can do is to be encouraging and supportive of those mothers in our practices who wish to breast-feed their babies.

The organisers of Breast-Feeding Week have compiled a booklet listing a multitude of sources of information about breast-feeding. From posters to booklets are given in this list, that can be obtained from the Department of National Health and Population Development. The following addresses can also be used if readers wish to obtain material to assist them in motivating and helping their patients to breast-feed.

Breast-Feeding Association of South Africa  
PO Box 4055, Old Oak, Bellville 7530.  
Tel: (021) 686-8363; (011) 802-3549; (012) 46-2489.

Department of National Health and Population Development, Subdirectorates: Nutrition  
Private Bag X63, Pretoria 0001.

La Leche League of South Africa  
PO Box 10153, Aston Manor 1630.  
Consult your local telephone directory, or that of the nearest large town.